

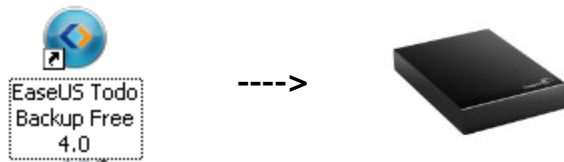
Let's Talk Backup

by Dick Evans www.rwevans.com, 11-5-2013

Backing up is your computers life insurance policy. We live in Florida so we know the importance of having a insurance policy on our homes. We remember Charlie. What got damaged or destroyed was rebuilt.

What happens when our computer crashes? Could be a worn out hard drive. Could be a virus. Could be a dropped laptop. Could be a stolen laptop. Whatever causes you not to be able to access your system the result is the same and you are not a happy camper.

What if you could get everything back just the way it was in a matter of hours? Isn't that the kind of insurance you want to have?



I use EaseUS Todo Backup. It is free for home use. You need it and an [external USB hard drive](#). These are available for under \$100. The backup software installs easily and it simple to use. Let's take a test drive...

I will start out with EaseUS on #1 computer and then talk about what I do to maintain my computers on a 2nd computer while the backup is running. Then we will go back to #1 and see what it did.

Here is what I do to keep my computers backed up:

1. I run EaseUS Todo Free backup once a month to create an image of the drive on an external hard drive.
2. I have iDrive or Mozy running on each machine backing up my current data to the cloud on a daily basis. They each offer free space of a sufficient size for things worked on between images.

Links:

- EaseUS <http://www.todo-backup.com/products/home/download.htm>
- Mozy <http://www.mozy.com/free> (2 gb for free) please use code GFBU22
- iDrive <https://www.idrive.com/?uid=U6K1S9L3C3> (5 gb for free)

Here is what I do to keep my computers running well and malware free:

1. I have an anti-virus running at all times. Only one. I use either Microsoft Security Essentials for Windows XP through 7, Windows Defender that comes with 8 or 8.1, or AVG Free.
2. I run Glary Utilities daily
3. I run these once a week (in this order):
 - Malwarebytes
 - Superantispyware
 - Ccleaner including the registry cleaner
 - Defraggler
4. I do a full virus scan once a month

Links:

- Ccleaner and Defraggler <http://www.piriform.com/download>
(make sure to choose FREE)
- Use Ninite for the others <http://ninite.com/>

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